GENERAL

This plan outlines the safety standards and procedures the Kingdom of Atlantia will be following in order to allow official SCA in-person activities to resume. It does not obligate any branch to hold, or individual to attend, any activity. Atlantians should be prepared for situations where activities may open for a period of time and then may be required to be scaled back. This plan is for branch activities and is approved by the Crown, Kingdom Seneschal, and Great Officers.

Branches that are experiencing frequent rebound may be flagged by the Kingdom Seneschal / Earl Marshal to have in-person activities suspended for an extended period of time. For the purposes of this document a branch is defined as the smallest SCA group in which you reside (a Canton within a Barony, a Shire, a Barony without Cantons, a College). If you live in a Canton, you may participate within that Canton, not in other Cantons within that Barony.

Due to the factors used in determining phases, it is likely that states, counties, or SCA branches may revert to earlier phases or even stop activities entirely. After resuming local activities, each Seneschal shall confirm the status of the local area with the Kingdom Seneschal against the reopening plan to determine under what conditions activities are able to resume, continue, or halt. The Kingdom Seneschal’s office will maintain a spreadsheet on the Kingdom Website [http://www.atlantia.sca.org/](http://www.atlantia.sca.org/), that shows the Phase of each local branch. The Kingdom Seneschal’s office will determine what Phase a branch is in. On a weekly basis (preferably the same day each week), the Branch Seneschal must update branch calendars and social media events and communicate any changes to their populace, and officers. Branch officers have the right to restrict or cancel activities / practices beyond the measures listed here if they feel it is warranted. Atlantia has a phased approach to in-person activities. We do not want any Atlantian to feel obligated to host or attend any SCA in-person activities during the pandemic. The requirements of this plan are mandatory and branch officers or activity coordinators are required to enforce the requirements. Because COVID-19 virus circulation varies in communities, these requirements are meant to supplement – not replace – any state, local, or tribal health and safety laws, rules, and regulations with which gatherings must comply.

Attendees must abide by all required state and local guidelines and restrictions.

When there is a discrepancy between required state and local guidelines and restrictions and SCA guidance, follow the more restrictive guidance.
PRECAUTIONS

- Masks are required for all in-person attendance. Masks must be worn at all times, indoors and outside, and during all physical activities, unless otherwise specified.
- Do not attempt to join any activity if you have had known or suspected contact with a COVID-19 infected individual.
- Exercise extreme caution if you have travelled from an area of high infection rate in the last 14 days.
- Do not join any activity if you are exhibiting symptoms related to COVID-19 such as fever, sore throat, cough, headaches, body aches, or sudden loss of taste or smell.
- Bring your own safely contained food and drinks, make sure to label containers with your name. Do not share any food, drinks, utensils, etc.
- Practice careful and frequent hand washing/wear gloves.
- Practice careful sanitation and disinfect any common areas such as bathrooms, light switches, door knobs, surfaces, faucets, etc.
- Maintain a minimum of 6’ of distance between all participants who do not live at the same address.

At risk individuals are strongly encouraged to stay at home. For more detailed information visit: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html

During all phases sign in sheets are required at all official in-person activities and martial practices. These must be collected by the activity/practice coordinator (i.e. the Seneschal, the Marshal or the host for A&S) for all activities and turned over to the Branch Seneschal. Branch Seneschals are required to maintain the sign in sheets with contact information, legal name, email address or phone number, of all attendees for a period of 60 days following each practice/activity. No information from the sign in sheet will be added to a database. The Branch Seneschal will destroy the sign in sheets (by shredding, burning or other means that makes the information unreadable) on the 61st day after an activity occurred. The sign in sheets will be provided to health officials as required for contact tracing in the event of a confirmed positive COVID-19 exposure. Seneschals will contact the Kingdom Seneschal immediately if notified of a COVID-19 exposure.

SEVEN PHASES OF REOPENING

The seven reopening phases listed from most to least restrictive are: Closed, Phase 0, Phase 1, Phase 2, Phase 3, Phase 4, and Phase 5. Details regarding the phases are listed below.

REQUIREMENTS FOR PARTICIPATION IN PHASES 0-5
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- Prior to participation at any SCA sponsored in-person activities, individuals shall acknowledge an Atlantian Health Screening Questionnaire based on CDC and state health department guidance.

- All individuals must provide both a modern legal name and contact information on the sign in sheet or they may not attend the activity. The sheet is to facilitate official government health agencies with contact tracing, and will be supplied only if requested by official government health agencies. No-one in the SCA will be contacting anyone if the information has been requested by official government health agencies; it will be the agencies that do all notification.

- A sign must be posted at each activity/practice reminding participants to practice social distancing, mask requirements and other steps to prevent the spread of COVID-19.

- Marshals and activity coordinators are to remind all participants to refrain from handshakes, hugs, and other forms of casual contact. Equipment and personal items must be separated and should not be shared. At this time the minimum distance is six feet (see Atlantia Marshal COVID-19 Policy).

- Participation is recommended by reservation only. All attendees must prove they have a signed waiver on file at the SCA corporate office or they must sign the standard SCA waiver for all martial activities.

- For in-person activities/practices, face masks must be worn at all times. All individuals must wear face masks correctly, covering the mouth and nose at all times. Face masks must be worn attached to the individual, not to equipment or clothing. https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html

- Individual attendees are responsible for bringing their own masks. Face masks should not be worn when wet, such as from exhalation or perspiration, so some participants may need more than one.

- Participants must bring their own hydration source clearly marked with their name.

- Inspecting equipment prior to the start of any martial activity should follow standard SCA guidelines with the inclusion of masks, gloves and social distancing (see Atlantia Marshal COVID-19 Policy). If this is not feasible, then an exception for inspections only, is allowed to the social distancing rule. When performing inspections, the inspecting marshal and participant must wear a face mask,
minimize any physical contact necessary to complete the inspection, and should clean/disinfect hands (or change gloves) before/after each inspection. Equipment should be inspected a minimum of 6’ from other individuals when feasible. Remember to take precautions if you assist others with donning or removing equipment.

- Loaner equipment for heavy or rapier activities is not permitted until Phase 3. Loaner equipment must be thoroughly cleaned between uses.

- No shared drinks or food are allowed until further notice.

- Single serving commercially pre-packaged food and drinks are allowed.

- Branches are encouraged to seek donations of disposable face masks or cloth face masks and hand sanitizer.

- At risk individuals are strongly encouraged to stay at home as much as possible.

- Failure to adhere to these rules will result in termination of official in-person activities, or other actions by the Kingdom Seneschal or Earl Marshal.

**DESCRIPTION OF PHASES**

**CLOSED** - Virtual-only activities. Branches are not allowed to reopen in-person activities and individuals who live or work in these branches may not travel to open Branches to participate in SCA activities. The Kingdom will provide a Branch Phase list on the Kingdom webpage.

**Phase 0** - Virtual activities are encouraged. Branch allows adults only (no minors 17 and under), limited in-person **outdoor** activities and **outdoor** martial practices to occur, provided masks are worn at all times, **including during combat**, by all attendees, marshals and fighters. Local activities must also follow any local and State restrictions; if close contact sports are not allowed, no local martial practice may occur. Social distancing must be maintained at all times, except as required during combat activities (see Atlantia Marshal COVID-19 Policy).

Attendance of a total of **10 or fewer** per activity is limited to participants, marshals, and any required officers. Activity coordinators of all activities must notify the local seneschal and discipline officer (ex: archery marshal shall notify the Kingdom Archery marshal they are holding practice). Participants are recommended to make reservations with the activity coordinator.
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Choose a Branch to participate within your local area and stay with it. You may choose not to play in the branch you live in. Example: Galen lives in Lochmere but ‘plays’ in Storvik. Galen may attend Storvik activities (if they are in an equal or lesser Phase), but he must only attend Storvik, not go to Lochmere and Storvik. Nor can Galen choose to go to Stierbach’s practice; that is across state lines. If your Branch is a hot zone don’t go to a nearby Branch.

Minors are not allowed to attend in-person activities or participate at this phase. Requirements for Participation (see above) are all in effect. Participants may not travel to other branches.

Phase 1 – Virtual activities are encouraged. Branch allows adults only (no minors 17 and under), limited in-person outdoor activities and outdoor martial practices to occur, provided masks are worn at all times, including during combat, by all attendees, marshals and fighters. Local activities must also follow any local and State restrictions; if close contact sports are not allowed, no local martial practice may occur. Social distancing must be maintained at all times, except as required during combat activities (see Atlantia Marshal COVID-19 Policy).

Attendance is limited to participants, marshals, and any required officers. Multiple activities are allowed at the same location if there is a clear separation of at least 20’ (preferably more) between each group. Groups shall be limited to a maximum attendance of 40 adults on site, spaced in groups of 20. Activity coordinators of all activities must notify the local seneschal and discipline officer (ex: archery marshal shall notify the Kingdom Archery marshal they are holding practice). Participants are recommended to make reservations with the activity coordinator.

Choose a branch to participate within your local area and stay with it. (see Phase 0)

Minors are not allowed to attend in-person activities or participate. Participants may not travel to other branches.
Please remember Requirements for Participation (see above) are all in effect.

Phase 2 - Virtual activities are encouraged. Branch allows adults only (no minors 17 and under), limited in-person outdoor activities and outdoor martial practices to occur, provided masks are worn at all times, including during combat, by all attendees, marshals and fighters. Local activities must also follow any local and State restrictions; if close contact sports are not allowed, no local martial practice may occur. Social distancing must be maintained at all times, except as required during combat activities (see Atlantia Marshal COVID-19 Policy). Social distancing must be maintained at all times, except as required during combat activities (see Atlantia Marshal COVID-19
Policy. Attendance is limited to participants, marshals, and any required officers. Medium-sized in-person outdoor activities (50 people or fewer), or small in-person indoor activities (20 people or fewer) are now allowed if they are adapted to allow individuals to remain socially distanced with some attendees coming from other Phase 2 branches.

Only adults may travel to other branches - be aware there is a high risk which could result in becoming an infectious carrier. Participants are strongly discouraged from crossing state lines or traveling to or from jurisdictions with higher rates of infection. Activity coordinators of all activities must notify the local seneschal and discipline officer (ex: archery marshal shall notify the Kingdom Archery marshal they are holding practice). Participants are recommended to make reservations with the activity coordinator.

Requirements for Participation (see above) are all in effect.

**Phase 3** - Branch is allowed to reopen all outdoor adult and minor/youth martial practices (100 or fewer), or small in-person indoor activities (30 or fewer) that are adapted to allow individuals to remain socially distanced. Local activities must also follow any local and State restrictions; if close contact sports are not allowed, no local martial practice may occur.

Adults may attend an activity in a branch at Phase 2 or 3. Minors may attend another Phase 3 branch. Adults in a branch at Phase Closed, Phase 1, or Phase 2 may not attend a higher phase branch’s activities. Only adults may go to a Phase 2 branch - be aware there is a higher risk which could result in becoming an infectious carrier.

Requirements for Participation (see above) are all in effect.

**Phase 4** - Branch is allowed to reopen all adult and youth activities and outdoor martial practices. If prior to 31 May 2021, actual in-person events will require permission from the Kingdom Seneschal and a variance from the Board of Directors. (This date is subject to change due to the pandemic). Local activities must also follow any local and State restrictions; if close contact sports are not allowed, no local martial practice may occur.

Adults and minors may attend Phase 3 or 4 activities if they are in a Phase 3 or Phase 4 Branch. Adults and minors/youth in a branch at Phase Closed, Phase 1, Phase 2, or Phase 3 may not attend a higher phase branch’s activities. Only adults may attend an activity in a branch at a Phase 2 level. Attending activities in a Phase 2 or 3 branch carries risks which could result in becoming an infectious carrier.

Requirements for Participation (see above) are all in effect.
Phase 5 – Full Re-Open. All activities may resume with TBD precautions kept in place. If prior to 31 May 2021, actual in-person events will require permission from the Kingdom Seneschal and a variance from the Board of Directors. This date and full reopening are subject to change.

Requirements for Participation (see above) are all in effect.

MOVEMENT BETWEEN PHASES

Advancement or regression may skip phases to match the appropriate conditions in the kingdom. For the purpose of determining a branch’s infection rate, the District of Columbia is considered to be a county. In states that have independent cities, those cities will be viewed as counties for the sake of determining a branch’s infections rate. For the purpose of determining a branch’s hospital bed capacity, the District of Columbia is considered a state.

CLOSED
- Virtual-only activities, Branches are not allowed to reopen in-person activities and individuals who live or work in these branches may not travel to open branches to participate in SCA activities.

Phase 0
- All branches initially are placed in Phase 0 unless modern local authority’s restrictions are higher.
- Rising infection rates may result in the Kingdom Seneschal placing a branch back in CLOSED status.

Phase 1
- To advance to Phase 1:
  - 14 continuous days with an infection rate lower than 0.5 per 10K in all of the branch’s respective counties. Hospital bed capacity <70% in the branch’s respective State.
  - Regression back to phase 0: 7 continuous days in which any of the criteria for phase 1 are not met.

Phase 2
- To advance to Phase 2:
  - 14 continuous days with an infection rate less than 0.4 per 10K in all of the branch’s respective counties. Hospital bed capacity <60% in the branch’s respective State.
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• Regression back to phase 1: 7 continuous days in which any of the criteria for phase 2 are not met.

Phase 3
• To advance to Phase 3:
  • 14 continuous days with an infection rate less than 0.3 per 10K in all of the branch’s respective counties.
  • An average hospital bed capacity <60% in the branch’s respective State.
  • Regression back to phase 2: 7 continuous days in which any of the criteria for phase 3 are not met.

Phase 4
• To advance to Phase 4:
  • 14 continuous days with an infection rate less than 0.2 per 10K in all of the branch’s respective counties.
  • An average hospital bed capacity <50% in the branch’s respective State.
  • Regression back to phase 3: 7 continuous days in which any of the criteria for phase 4 are not met.

Phase 5
• To advance to Phase 5:
  • TBD based on the availability of a mass-produced vaccine, or the delivery of a reliable all clear from local, state, and federal authorities.

Useful tool to help view infection rates when considering moves between phases:
https://COVID-19watcher.research.cchmc.org/
Searchable by county or state. Use the daily view and choose adjust by population (yes)

Tool for seeing a graphic of cases in each county:
https://urbanobservatory.maps.arcgis.com/apps/MapSeries/index.html?appid=ad46e587a9134fcdb43ff54c16f8c39b

This document will be updated as required by the Kingdom Seneschal’s office. Updates will be made to publications posted via the Kingdom announcements page and to the Seneschals and Great Officers of State.
ATLANTIAN HEALTH SCREENING QUESTIONNAIRE

The responsible party for this activity MUST ask each attendee these questions upon arrival at the activity site. If the answer to any of these activities is YES ask the person to leave for the health and safety of other attendees.

Questions:

Have you been within 6 feet of a person with a lab-confirmed case of COVID-19 for at least 15 minutes, or had direct contact with their mucus or saliva, in the past 14 days?

Yes_________No __________

In the past 48 hours, have you had any of the following NEW symptoms?

_______Fever of 100 F (37.8 C) or above, or possible fever symptoms like alternating chills and sweating
_______Cough
_______Trouble breathing, shortness of breath or severe wheezing
_______Chills or repeated shaking with chills
_______Muscle aches
_______Sore throat
_______Loss of smell or taste, or a change in taste
_______Nausea, vomiting or diarrhea
_______Headache

Has a public health official advised you to get tested for COVID-19 in the past 2 weeks?

Yes_________ No __________

SIGN IN SHEET

The responsible party for this activity MUST collect a name and contact information for each attendee upon arrival at the activity site. If the attendee refuses to provide this information they may not remain at the site. In addition, valid proof of membership or a signed waiver is still required for all martial activities. This sheet is to be used for contact tracing if necessary. The sheet is to be turned over to the Branch Seneschal, after the activity and kept for 60 days. Then shredded or destroyed on day 61.

DATE OF ACTIVITY _________________________

NAME OF ACTIVITY COORDINATOR ________________________________

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Updated February 24, 2021
6 Feet away keeps death at bay
Kingdom of Atlantia - COVID-19 GUIDELINES
Updated February 24, 2021

Der Doctor Says: Stay Safe

What you should know about COVID-19 to protect yourself and others

Know about COVID-19
- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

Know how COVID-19 is spread
- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

Practice social distancing
- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.

Prevent the spread of COVID-19 if you are sick
- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.

Protect yourself and others from COVID-19
- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Know your risk for severe illness
- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

cdc.gov/coronavirus